

Central Kentucky Community Action Council Head Start School Readiness Goals & Plan

Central Kentucky Community Action Head Start (CKCACHS) provides services for 520 Head Start students, 395 children and families in center based program and 125 in a Pre-School Blended program with Hardin County School System. The program serves 6 counties; Hardin, Meade, Larue Nelson, Washington and Marion. Central Kentucky Head Start School Readiness Plan targets three areas:

- Establishing school readiness goals in the five essential domains of the Head Start Child Development and Early Learning Framework.
- Improving teacher-child interactions.
- Parent and Family Community Engagement

School Readiness Goals – Preschool– Families

Preschool School Readiness Goals

Central Kentucky Head Start's leadership understands that school readiness goals are statements that articulate knowledge and skills for preschool children entering kindergarten. These goals address social and emotional development, language and literacy, physical development and health, approaches to learning, and cognitive development including mathematics and science.

Domain: Social & Emotional Development
Goals:
<ol style="list-style-type: none"> 1. Children will demonstrate positive relationships and interactions with adults and peers. 2. Children will recognize and regulate emotions, attentions, impulses, and behavior.
Objectives to reach these goals: Children will
<ul style="list-style-type: none"> • identify themselves by name, age and gender • take care of own needs and personal belongings and classroom materials appropriately • point to and name body parts • identify teachers and peers by name and form relationships with both groups • engage appropriately in small and large group activities • interact with peers in play and group activities • display appropriate emotions • demonstrate self-regulation • follow limits and expectations • use words to solve conflicts • balance needs and rights of self and others • show pride in created products • demonstrate confidence in tackling new tasks
Domain: Language & Literacy Knowledge
Goals:
<ol style="list-style-type: none"> 3. Language Development - Children will demonstrate the ability to use language to express their wants and needs, engage in conversations, and follow directions. 4. Literacy Knowledge and Skills - Children will demonstrate an interest in books and their characteristics, and the ability to understand and get meaning from stories and information from books and other texts. 5. Literacy Knowledge and Skills - Children will demonstrate knowledge of concepts about print and early decoding (identifying letter-sound relationships).

6. Literacy Knowledge and Skills - Children will demonstrate familiarity with writing implements, conventions, and emerging skills to communicate through written representations, symbols, and letters.
7. English Language Development - Children who are dual language learners will demonstrate competency in their home language while acquiring beginning proficiency in English

Objectives to reach these goals: Children will

- engage in conversations with teachers and peers
- use acceptable language and social rules while communicating with others
- take turns in conversations
- use complete sentences in conversations that follow most grammatical rules
- use different forms of language
- understand and use an increasingly complex and varied vocabulary
- progress in listening to and understanding English and in speaking English (non-English speaking children)
- respond appropriately to questions
- understand and follow simple directions
- attend to language during songs and stories
- understand how books are read – front to back and characteristics of books, e.g. title, author, illustrator
- show eagerness to learn about a variety of topics and ideas
- show an interest in books of choice and print
- make connections to everyday experiences
- interact during read-alouds and book conversations
- identify story-related problems, events, resolutions
- use print concepts in reading and writing
- identify and name letters (at least 10 for 4 year olds)
- notice and discriminate rhyme
- associate sounds with written words
- identify syllables in words
- identify and discriminate between sounds and phonemes
- identify alliteration
- identify sounds at the beginning and end of words
- engage in story-telling
- write to convey meaning
- incorporate writing into play activities
- recognize and write own name
- recognize peer names in print
- use writing and drawing tools appropriately

Domain: Approaches to Learning

Goals:

8. Creative Arts Expressions - Children will demonstrate the use of creative and imaginative expression, such as music, art, creative movement, and drama.
9. Approaches to Learning - Children will demonstrate an interest and engagement in group experiences.

Objectives to reach these goals: Children will

- use voice and instruments to create sounds
- use their body to move to music and express themselves
- use a range of media and materials to create drawings, pictures, or other objects
- portray events, characters, or stories through acting and using props and language
- show curiosity and motivation
- demonstrate flexibility and inventiveness in thinking
- demonstrate eagerness to learn about a variety of topics and ideas
- sustain interest in working on a task, especially when teachers offer suggestions, questions, and comments
- sustain work on age-appropriate tasks until completed
- ignore most distractions and interruptions when engaged in an activity
- plan and pursue a variety of appropriately challenging tasks
- initiate, join in, and sustain positive interactions with peers
- initiate the sharing of materials in the classroom
- help, share and cooperate in a group setting
- take turns with peers

Domain: Cognition & General Knowledge**Goals:**

10. Mathematics Knowledge and Skills – Children will demonstrate the use of numbers to describe relationships and solve problems.
11. Logic and Reasoning – Children will demonstrate the ability to recognize, understand, and analyze a problem and draw on knowledge or experience to seek solutions to a problem.
12. Science Knowledge and Skills – Children will demonstrate the ability to observe and collect information and use it to ask questions, predict, explain, and draw conclusions.
13. Social Studies Knowledge and Skills – Children will demonstrate the understanding of one's relationship to the family and community, roles in the family and community, and respect for diversity.

Objectives to reach these goals: Children will

- verbally count to 20
- count 10-20 objects accurately,
- know the last number states how many in all
- tell what number (1-10) comes next in order by counting
- make sets of 6-10 objects and then describes the parts
- identify which part has more, less or the same (equal)
- count all or count on to find out how many
- identify numerals to 10 by name and connect each to counted objects
- use positional words indicating location, direction, and distance appropriately
- describe basic two- and three-dimensional shapes by using own words
- extend and create simple repeating patterns
- use multiples of the same unit to measure
- use numbers to compare
- know the purpose of standard measuring tools
- manipulate objects in order to compare and contrast – likenesses and differences
- demonstrate ability to solve problems
- tell experiences in order, provide details, and evaluate the experience
- draw on every day experiences and apply this knowledge to similar situations
- group objects by one characteristic or multiple characteristics

- plan and then use drawings, constructions, movements, and dramatization to represent ideas
- interact with peers during pretend play, assigning and/or assuming roles and discussing actions
- use objects for multiple purposes
- show curiosity in exploring the world around them
- begin to understand cause and effect concepts
- observe and describe natural events and processes
- observe and describe properties of materials and transformations of substances
- participate in observations
- observe and describe living things and natural processes
- use tools and technology to perform tasks
- show basic understanding of people and how they live
- demonstrate simple geographic knowledge
- begin to understand of events that happened in the past and how these events relate to them, their family and community

Domain: Physical Development & Health

Goals:

14. Children will understand and practice healthy and safe habits.
15. Children will demonstrate age appropriate control of large muscles for movement, navigation, and balance.
16. Children will demonstrate age appropriate control of small muscles for such purposes as using utensils, self-care, building, and exploring.

Objectives to reach these goals: Children will

- demonstrate knowledge about self
- regulate own emotions and behaviors
- take responsibility for own well-being
- participate in healthy practices, e.g. hand washing, coughing into elbow, brushing teeth
- engage in activities promoting healthy habits and food
- take care of personal needs, e.g. toileting, wiping nose
- participate in pedestrian, bus, bike, fire, tornado, earthquake, lock-downs and personal safety lessons
- use complex movements in play and games according to each child's developmental level, e.g. hopping, jumping, skipping, bending, stretching, starting, stopping, and turning
- sustain balance during complex movement experiences
- manipulate balls or similar objects with a full range of motion
- go up and down stairs using alternate feet
- pedal tricycle
- manipulate, explore and use a variety of art materials and writing materials for the development of creativity as well as fine motor
- use scissors correctly and effectively
- manipulate materials and toys, e.g. puzzles, legos, lacing card, play doh, stringing beads, peg boards